

Indoor fun	Outdoor fun	Online fun
<p>Mix up your mealtimes:</p> <ul style="list-style-type: none"> • Make a meal plan that matches the days of the week... Meatball Monday, Taco Tuesday, etc. • Get the kids to choose & cook one simple family meal a week • Turn your kitchen into a restaurant. Set the table, get dressed up & pretend you're out for a family dinner! • Match your meals to a movie- eg. spaghetti & meatballs followed by a family viewing of "Lady & The Tramp" • Get a friend or family member to run an online cooking class with your kids via Zoom.  <p>Go to the Drive-In at home: Make your own "cars" by decorating cardboard boxes or laundry baskets, then fill them with cushions/blankets & line them up in the lounge room for a family movie afternoon!</p>  <p>Games:</p> <ul style="list-style-type: none"> • Dust off the board games & have a family games session or card night. • Get the kids to run a "minute to win it" challenge (google for game ideas). These activities generally require little or no equipment, but are a lot of fun! • Host a trivia night at home, or online with friends & family. • Introduce games from your own childhood- hide & seek, pin the tail on the donkey, charades, dots & boxes, Simon Says, Memory, bingo, what's the time Mr Wolf... the list is endless! 	<p>Walks:</p> <ul style="list-style-type: none"> • Go for a walk & look for something that start with each letter of the alphabet or each colour of the rainbow • Use Google Maps to explore your 5km radius & find a new walking track or location to explore • Take a coin with you on your walk, take turns to flip it every time you get to an intersection or a crossroad • Visit local Spoonville communities & add your own spoons to the collection!  <p>In the yard:</p> <ul style="list-style-type: none"> • Set up an obstacle course in the backyard & get the kids to go over/under/around/through different obstacles, use a timer to make things interesting! • Get the kids to set up a mini Olympics- pool noodle javelin, tennis ball shot put, Frisbee discus, etc. • Get the kids out in the garden to rake, weed, plant, trim & tidy • Pitch the tent & camp out in the yard for the night. You could even have a cook out on the BBQ or roast marshmallows! 	<ul style="list-style-type: none"> • Watch the fairy penguins arriving at Phillip Island, live streamed each evening at 6:00pm. https://www.youtube.com/watch?v=hb-MX9F8YT4 • Explore the local library for fun activities & events, as well as a wide range of e-books & movies https://library.frankston.vic.gov.au/Home • Visit Museums Victoria to explore their collections online, online tours, puzzles & activity ideas for the whole family https://museumsvictoria.com.au/  <p>Connect with the KHPS Family Wellbeing Hub online!</p>  <ul style="list-style-type: none"> • Join us on Thursdays from 3:30-4:00pm for our family fun sessions on Zoom – "Together Thursdays" • For families with pre-schoolers- join us on Wednesday's from 11:00-11:30am for our "Online story time" <p>To register & get your online log-in details, contact: Natalie on 0458 500 867 or natalie.everitt@anglicarevic.org.au OR Naomi on 0438 280 375 or naomi.law@anglicarevic.org.au</p>