



# YOUNG PEOPLE AND MENTAL HEALTH

**Helping our young people to stay  
(mentally) healthy!**

**Are you just an everyday person wanting to find  
out how to best protect our children?**

**This forum is for you!**

Many of us grapple with raising teenagers.

Approximately 25% of young people in the Mornington Peninsula Shire have depressive symptoms, which is above the national average.

This forum is aimed at educating our community of about the issues surrounding young people and mental health. It will provide practical information on how to discuss and deal with mental health in the young people for whom we care; and inform us of where we can find help on the Mornington Peninsula.

**Wednesday, 8 March 2017**

**6:30 Sharp - 9:00pm**

**Peninsula Community Theatre  
Cnr Wilson Road and Nepean Hwy, Mornington  
Register: Via Eventbrite button below**



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**Free public forum  
All welcome**

**THE SPEAKERS:**



**Professor Patrick McGorry**

AO FAA FASSA FRCP FRANZCP is the Executive Director of Orygen, Professor of Youth Mental Health at The University of Melbourne, and a Director of the Board of the National Youth Mental Health Foundation (Headspace). He is a world-leading researcher in the area of early psychosis and youth mental health, and has a strong interest in promoting the mental health of the homeless, refugees and asylum seekers.



**Dr Diane McGreal ,**

Psychologist

Dip Teach, BA, GradDipCouns, DipClinHypnosis, MA Ed Psych, PhD, MAPS, Member ASH.

A psychologist and author, she is the Australian Psychological Society media spokesperson, and executive for the Mornington Peninsula branch of the Australian Psychology Society.



**Peter Dawson,**

Senior Clinician & SSO Co-ordinator for Headspace, is currently employed as the Clinical Coordinator at Headspace Frankston. Peter is a social worker with vast experience working in youth settings, alcohol and other drugs, mental health and Aboriginal health.



**Ms Kerri McMillan,**

is a Peninsula resident, a mother of two and Early Childhood Educator at Balcombe Pre School. Kerrie shares her personal story.