



KARINGAL HEIGHTS PRIMARY SCHOOL

Recent News Week Ending February 16

Hello Subscribers Name

Welcome to this week's recent news. Don't forget to look on our website for much more.



Family Wellbeing Hub

Skye is the coordinator of the Family Wellbeing Hub located at Karingal Heights and she would love to meet you.

Hi Folks,

My name is Skye and I have just joined your school community as the Family Wellbeing Hub Coordinator down in the Parents Room, down from the Breakfast Club Kitchen. The Family Wellbeing Hub is about building on family and parent wellbeing. If we are strong, happy and thriving, so too can our kids be. But we can't be like that all the time, so if you're in a rough patch or sick of trying to sort something out alone, come and chat with me and together we can make a plan for things improve.

I have a family friendly and safe confidential space where you can get a cuppa, have your younger children play in the room alongside us and talk about whatever it is that you would like support with. I work for Anglicare but sit at the school most of the time. You may have concerns about your relationship, housing, budgeting, parenting, being a separated parent, being a foster carer, money, your safety, mental or physical health. The Wellbeing Hub is here to help parents and carers and everyone is welcome, no matter how big or small your concern.

I am a Mum to my gorgeous son. We have cats, fish, and chickens are on the way. I love walking, hanging out with my family and friends, travel and indoor plants! Please feel free to pop in and say hello at any time. You can just come in or, if I'm not in, you can give me a buzz and let me know when would suit you to come in for a chat, or just talk on the phone. I'm excited to be here and really looking forward meeting people.

Thought I might share a motto I am using to help me with some new challenges this year...

Start where you are, use what you have, do what you can!

Skye



Pauline's Picks

Books, fees, CSEF and Banking.

A reminder that CSEF forms are now due.

Unpaid for books are going to be collected on Monday. If you have not seen Pauline in regards to payment of books and fees you will need to see her on Monday morning.

Banking for children is on Tuesday. Please have your child hand their bank book in to their teacher on Tuesday morning.



School Captains' Report

Hello everyone will like to say we have had a great first three weeks back at school.

Earlier this week we had a great production done by Brainstorm Productions. The Protectors was a great show that was teaching us about bullying.

In the senior school they are preparing for the district athletics that is in a couple of weeks. Our school is competing in all of the events down at Ballam Park Athletics Track.

In Prep/1L they are learning about QR codes. QR codes are a picture that when it is scanned by an

iPad it shows you how to make the picture in the code. 2/3C are learning about Friendship and how to be nice to others.

That is just a little bit about what is happening at school.



Brainstorm Productions

Here are some thoughts from 4/5D on what we thought about the production "The Protectors":

- "I learnt that putting your wrong age on line is illegal" – Mitch
 - "I learnt that you should not 'friend' people that you do not know. Also that you should not retaliate to bullying." – Mak
 - "You are not allowed on Instagram or Facebook until you are 13 years old." – Eden
 - "You have powers that can help you to get over the bullying and not hurt you as much. Do not let the bullies see your weakness." – Aislin
 - "If they are bullying you, tell your parents." – Basem
 - "Be 100% truthful when you are on line (all the time). Keep a positive mindset." – Ilyssa
 - "If you are at school and you are being bullied, tell a teacher. Always use nice words." – Stasia
 - "Stand up for yourself when being bullied by using your powerful 'protective shield'." – Hope
 - "Remember to 'freeze and breathe' when you are being bullied, or before saying something mean." – Luke
 - "Stand up straight and be confident and assertive. Don't let the bully get into your head, let the words bounce off you." – Caleb.
 - "Don't be a bully, walk away." – Jaxson and Tyson.
 - "Be proud of who you are and don't try to be someone you are not, (don't be fake)." – Tamika.
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Breakfast Club Donation

Today Julie and Karen from the Commonwealth Bank presented our School Captains with a cheque for \$500 as a donation towards our Breakfast Club program.

Karen, who has been visiting us for some time said she was very excited when she heard that KHPS had been chosen as the worthy recipient of this money. So were we. We thank the Commonwealth Bank, Karingal Branch for this generous donation.



School Banking

We have school banking at Karingal Heights and if you become a super saver you could win some prizes.

Get ready for a Super Savers adventure with School Banking.

This year in School Banking, your child will join the Dollarmites on a Super Savers adventure, developing strong savings skills.

School Banking encourages children to learn the value of saving and rewards those who demonstrate a regular savings behaviour.

New Super Savers reward items.

Introducing an exciting new range of reward items with two released every term.

Available in Term 1:

- Twister Power Handball
- Secret Scratch Notepad.

Your child can redeem one of these rewards, while stocks last, after making 10 School Banking deposits.

Remember, with the CommBank Youth app, it's easy for your child to monitor the Dollarmite tokens they earn when making School Banking deposits and track their savings. Available to download from the App Store on any iOS9+ device.

A chance to win a family trip to Hawaii.

Students who truly are Super Savers will have the chance to win a family trip to Honolulu, Hawaii, staying 7 nights at the Sheraton Waikiki Resort, plus AU\$2,000 spending money.

To enter, students simply make 15 or more School Banking deposits before the end of Term 3 2018, and they will automatically enter the Super Savers Grand Prize Competition.

To find out more about School Banking, or explore fun activity sheets for your child, visit commbank.com.au/schoolbanking

Things you should know: The 'Super Savers Grand Prize Competition' (Promotion) is conducted by the Commonwealth Bank of Australia (ABN 49 123 123 124) of Level 30, 11 Harbour Street, Sydney NSW 2000. The Promotion starts at 12:01:00 on 15/01/2018 and ends at 23:59:59 on 31/03/2018. Entry is open to Australian residents aged 4-12 years old who have made 15 separate School Banking deposits into their CommBank 'Kidzone' account during the Promotion period. Eligible entries will be automatically entered into the draw. No purchase is necessary. The draw closes early on closing date with a trip to Honolulu, Hawaii, USA for two adults and up to four children aged 17 years and under, including 7 nights accommodation and \$2,000 AUD spending money, valued at \$17,000 AUD. Terms and conditions apply. The draw will take place at 12pm AEST on 15/04/18 at the address above. Drawings will be notified by telephone and email, and will be published online at commbank.com.au/schoolbanking and in The Australian on 17/04/18. Winner must claim the prize by 31/03/19 or the prize will be forfeited. The prize will be awarded to the winner's nominated parent or guardian. Conditions apply to accepting the prize. Full terms and conditions available from commbank.com.au/schoolbanking/authorised-user/kidzone. Parents Inc. UTSO/18/00136/ACT/Promotion/ACT/18/1301/040/0001/Parent/No/17/37813.



School Council Elections

Karingal Heights School Council elections are now in operation. If you would like to nominate for membership of the school council please see Pauline at the office.



Community Events and News

Karingal Heights do not necessarily endorse all news placed here but it may be worth having a look.

[Frankston's Good Friday Appeal](#)

[Peninsula Youth Music Society](#)

[Frankston City Soccer Club](#)

[Frankston City e news](#)

[Jump4Kids](#)