

# Understanding grief and personal loss

## An information session for young people

**Tuesday 19 June, 6 – 7.30pm**

The Corner Youth Centre,  
91 Wilsons Road, Mornington

**Mornington Peninsula Shire's Youth Services team invites young people aged between 10 – 25 to attend an informative workshop aimed to help develop understanding around grief and loss.**

This workshop is designed for young people who have experienced or know of others that have experienced grief or loss.

### Hear from:

- Headspace Frankston
- Mornington Peninsula Shire Youth Services
- Jesuit Social Services – Support After Suicide
- Road Trauma Support Services
- Australian Centre for Grief and Bereavement

This session will be facilitated in a safe and supportive environment by youth friendly professionals.

**RSVP by Wednesday 13 June 2018**

✉ [mpys@mornpen.vic.gov.au](mailto:mpys@mornpen.vic.gov.au)

**For more information, contact Youth Services' Andrew Joseph:**

☎ 5950 1666

If you, or someone you care about, is in crisis and you think immediate action is needed, call emergency services

☎ 000

For access to crisis support and suicide prevention services, contact Lifeline on

☎ 13 11 44



**YOUTH SERVICES**

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